Arthroscopy



Arthroscopy is a minimally invasive way to examine a joint and treat some joint pathologies. Several small incisions are made to introduce a camera and instruments into the joint. Some arthroscopic procedures may be combined with medication or biological treatment administered into the joint.

Post-Operative Care

Wound Care

Your dog will have several small skin wounds with sutures. Please check this area twice daily. There should not be any pain, swelling, redness or discharge from the wound. A buster collar should be used to prevent interference for at least the first 10-14 days after surgery.

Occasionally, there is some swelling around the joint. This should resolve within a few days, to a week.

Exercise Plan

A minimum of 4 weeks strict rest is required post-operatively to allow the joint fluid to replenish. During this time, your dog can go out on short, 5 minute lead walks.

Outcome

Function very much depends on the pathology being treated. It is common for there to be some lameness for several days following arthroscopy before improvement is seen.

Risks and Complications

Infection rarely happens. Occasionally some swelling under the skin occurs but this should resolve within a few days. Any minimally invasive procedure carries the risk of needing to convert to an open procedure. If this is the case, there will be a larger wound and recovery will be slower.





